

Bronfenbrenner's social ecological model

Transcript

Bronfenbrenner's social ecological model offers a useful approach to understanding an individual interactions in different social systems and the risk and protective factors at each level. I've used the social ecological model to illustrate the barriers to help seeking that operate in different social systems right at the heart of the model is an individual who's experienced childhood sexual abuse. And relevant factors there, such as their gender, which affects both their experience of abuse and their willingness to talk about it. And important emotions and feelings they might have, including fear, shame, and internalised victim blaming. Represented next in the Microsystem are close relationships, including the family which could be characterised by violence and dysfunction, power dynamics, the potential for retribution and violence. As well as. Some factors which operate as barriers to help seeking, including family loyalty. Previous poor family responses to the disclosure of abuse, including just not believing them at all. The EXO system represents elements in the wider community in which the individual exists, and in this case barriers in the EXO system could be a lack of services or just inappropriate services. The macro system represents wider societal influences, which can be barriers such as cultural norms, in relations to sexuality, and dominant discourses such as victim blaming. The MISO system represents the interaction of different factors in different social systems. Such as the interactions of elements in the micro, EXO and macro systems. In this case, barriers include help barriers to health seeking. Include institutional denial of childhood, sexual abuse, low conviction rates, which result in a lack of trust or confidence in services. On the outside of the circle is the Kronos system. Chrono or Chrono refers to time. So in this social system there are factors that relate to temporal changes such as shifting attitudes towards CSA, changing laws and definitions of abuse which alter an individual experience of CSA animals and of help seeking as well. There's also the individual and each and others belief that as an adult they should have been over the abuse by now. Overall, the barriers at each level underline how difficult it can be to talk about abuse.