

Social Work Online Team Training (SWOTT) toolkit:

FACILITATOR NOTES -

CASE STUDY

Understanding identity and gender: Working with trans and non-binary people

THE ROLE OF THE FACILITATORS IS:

- To encourage the social workers to share their thoughts on working with young people who identify as trans or non-binary and embark on a process of transitioning.
- To facilitate discussion using a Signs of Safety® approach and discuss what other approaches social workers think might be useful in this situation.

TASK ONE

The social workers will have 10 minutes to read the case scenario. Get participants to make notes about initial thoughts and feelings about this case.

Choose a scribe to write down ideas and capture the reflective thoughts of the group.

Consider the language that is used within the case study. You can check the groups understanding of the following words, research these terms if necessary:

- Transgender
- FTM
- Transitioning
- Section 20 agreement
- Self- Harm
- Pronouns

Use a Signs of Safety® model to consider this case study, encourage each participant to feedback.

- Start with the strengths, what is working well?
- Consider what we are worried about in this case study.
- Consider what the next steps would be as Felix's social worker in terms of how we would approach this case.

Research voluntary and statutory services signpost to professionals, Felix, parents and foster carers.

Ask participants to reflect on how confident they would feel as a social worker being allocated this case; is there anything that they would feel anxious/confident about?

If participants feel anxious, what can mitigate this?

Summarise and end the discussion.

Signs of Safety (2022) What Is Signs of Safety? www.signsofsafety.net/what-is-sofs/



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