



CASE STUDY 2: Adults & Mental Health

How can I promote anti-racist practice in my assessments, planning, interventions and reviews?

Bambedelle is an 87-year-old Nigerian man living in a multigenerational household in County Durham with his wife Oluwakemi, son Daniel and daughter-in-law Gemma (White British).

Bambedelle's care needs are increasing due to frailty and early cognitive decline.

Adult Social Care involvement has begun following concerns about his safety and ability to manage daily living. There is disagreement within the family:

- Daniel strongly supports Bambedelle remaining at home, reflecting cultural and religious values around intergenerational care
- Oluwakemi feels overwhelmed and believes residential care may be safer and more sustainable

There is also a history of trauma and mistrust. Bambedelle previously experienced detention under the Mental Health Act 1983 and reports that communication about his care was unclear and disempowering, contributing to ongoing fear and mistrust of services.

